



Beauty

Beauty Complimentary Consultations are available to help you select services or at home products and can be in-person or virtual for your convenience. Please refer to the website or QR code below to schedule your visit.

Specialty Facials

Designed care for face, neck, and décolleté. Hydration will be replenished to arms, hands, and feet.

Signature 90 Minutes \$220

Renew your radiance with this results-oriented, relaxing, anti-aging facial. Experience premium active ingredients and esthetic devices for increased benefits.

Custom 60-90 Minutes \$145-195

This deluxe facial provides ultimate care and selection of enhancement(s) to best meet your needs.

Microcurrent 60-90 Minutes \$145-195

The latest in microcurrent technology. Increase cellular energy, infuse active ingredients, and improve the appearance of skin tone.

Fire & Ice 60 Minutes \$165

IS Clinical's legendary service, designed to safely resurface and rapidly rejuvenate the skin with little or no downtime, resulting in a more youthful complexion.

Sea Escape 60 Minutes \$145

Feel transported with marine scents and textures from skincare solutions as indulgent as they are effective! Options for all skin types using Phytomer products.

Focused Facials

Specific care in minimal time.

Refresh Facial 45 minutes \$95

Simple skin care maintenance for the face. Great for a teen experience.

Quick Peel 45 minutes \$100

Hydroxy acids featured in this facial offer excellent care for fine lines, hyperpigmentation, and/or blemishes.

Microcurrent 45 minutes \$125

An abbreviated version that treats only the face throughout all steps of this service.

Dermaplane 30 minutes \$75

A handheld tool is used to exfoliate dead skin cells and vellus "peach fuzz" hairs leaving the skin smooth and radiant.

Back Facial 45 minutes \$95

Targets a variety of skin care needs such as clogged pores and dehydrated skin.

Facial add on enhancements are listed on the next page.

InspiredBeautyAndWellness.com

425-515-3703



203 Kirkland Ave, Suite 23
Kirkland, WA 98033





Facial Enhancements

Eye Refresher \$25

Illuminating, hydrating, and soothing.

Dermaplane \$35

Physical exfoliation to remove dead skin cells, temporarily reduces vellus hairs. Face only.

Lip Smoother \$20

Exfoliates and hydrates lips, eliminating dryness.

Neck & Décolleté Rejuvenation \$30

Specialty products devoted to create radiant skin.

Hot Stone Facial Massage \$25

Soothe muscles and experience added relaxation.

Infusion Technology \$35

Incorporated for amplified results.

Extractions \$15

If not included in selected facial or need added time.

Peel (face) \$35

Peel (face, neck, décolleté) \$50

Cosmetics/Makeup

Cosmetic Application \$40

Basic application for a fresh, casual look. Application includes foundation, brows, eyeshadow, mascara, blush/bronzer, and lips. No advance techniques.

Color Match, Sample a Product for Free

Find the best foundation shade or experience a cosmetic product. Book as "Beauty Complimentary Consultation".

Waxing

Brows \$25

Lip \$15

Chin \$15

Full Face (excluding brows) \$55

Lower Face (below temples) \$45

Underarm \$30

Tinting

In a brief appointment eyelashes or brows can be darkened to provide a volumizing effect that adds beauty to the face. The effects can last up to six weeks.

Brows \$25

Eyelashes \$30

Lash Lift with Tint \$100

Eyelash Extensions

Single Xtreme Lashes® semi-permanent, synthetic eyelash extensions are applied to individual eyelashes, for a natural, elegant look to lengthen and/or add fullness to the existing lashes. Fully customizable length, width, and curvature. To maintain fullness, touch up "Refresh" appointments are recommended every 2-4 weeks.

Fresh Set 1-2 hours \$155-310

No current eyelash extensions on.

Refresh 15 minutes-1½ hours \$30-165

Maintenance of eyelash extensions.

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Wellness

Wellness Complimentary Consultation

To ensure service selections meet your needs, a *Wellness Complimentary Consultation* is required *prior* to your first nutrition, personal training, or wellness service.

Consultations can be in-person or virtual for your convenience.

This appointment will take an inventory of your current health, lifestyle, and goals.

Following this a personalized recommendation will be made for the appropriate services.

Please refer to the website or QR code below to schedule.

Nutrition, Fitness, Wellness

30 minutes \$40

60 minutes \$80

Package Pricing Available After Consultation

Group Pricing Upon Request

Nutrition Coaching

Education, support, and encouragement for healthier choices that nourish your body. Assistance planning meals, troubleshooting, and progress tracking.

Program Design

Personalized plans for your wellness that may include a combination of nutrition, fitness, and healthy lifestyle behaviors.

Personal Training

Strength, cardiovascular fitness, stability, and flexibility incorporated into a routine for your current level.

Work towards your goals while avoiding injury and burnout.

Assessments, Measurements

Customized for your personal goals. Track your success and make modifications to your program.

Accountability, Check-in

Progress review and adjustments to design as needed. Key component for achieving optimal results.



Certified Nutrition Coach
Certified Personal Trainer



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